

NHS
Yorkshire and the Humber



Yorkshire and Humber Healthy Ambitions

The plan to make health services better in the region



What this is about

In 2008 the NHS was 60 years old. The government Minister in charge of health, Lord Darzi looked at how the NHS works for everybody now it is 60 years old.

Lord Darzi wrote a report saying how the NHS could get better. Different bits of the NHS were asked to think about how they could use Lord Darzi's ideas to make the NHS better in their area.



What we have done in Yorkshire and Humber

The Strategic Health Authority has worked with people in the region and written a plan saying how we could make the NHS better locally for everybody in Yorkshire & Humber.



The Healthy Ambitions Plans

This plan is called Healthy Ambitions. It says what everyone in health services can do to make the NHS better.

Everyone who works in health in Yorkshire & Humber has been asked to include the ideas in the Healthy Ambitions plan in their local plans.

There are 10 different parts to the Healthy Ambitions plan.

They include all the important work that will happen in the region to make health services better and help people stay healthy.

The different parts of the plan are called pathways



	<p>The Staying Healthy Pathway</p> <p>Helping people make good choices that mean they stay healthy</p>
	<p>The Maternity & New Born Pathway</p> <p>Making sure babies get a good start in life</p>
	<p>The Long Terms Conditions Pathway</p> <p>Helping people who have health problems that do not go away get good support and live their lives.</p>
	<p>The Children's' Pathway</p> <p>Helping Children stay healthy and get good services if they need them.</p>
	<p>The Planned Care Pathway</p> <p>Making sure health services work well with people who are having treatment that is not urgent and is arranged in advance</p>



The Acute Episodes Pathway

Making sure health services work well in emergencies or if someone needs urgent treatment



The Mental Health Pathway

Making sure there are good services that help people stay well and positive



The End of Life Pathway

Making sure people get good services when they are near the end of their life or dying



The Primary Care Pathway

Making sure that health services like dentists and GPs in the community are good.



The Learning Disability Pathway

Making sure people with Learning Disabilities get better services from all parts of the NHS



The Healthy Ambitions Learning Disability Pathway

Why there is a Learning Disability Pathway

There has been research and reports that show that people with Learning Disabilities do not always get good health services.

These reports say that people with Learning Disabilities do not get treated the same as everyone else and are not always safe in NHS services.

Valuing People Now says what should happen to make health services better.

Healthcare for all



The report of the independent inquiry into access to healthcare for people with learning disabilities
Sir Jonathan Michael

HM Government

Valuing People Now: a new three year strategy for people with learning disabilities
Making it happen for everyone



Easy Read

All Health Services must make sure they:

- Give good healthcare for everyone
- Think about People with learning disabilities in their plans
- Offer people Health Checks every year (to people known by social services)
- Do the things that it says in the ' Healthcare for all ' Report
- Keep people safe

The Strategic Health Authority really wants to make health services better for people with Learning Disabilities in Yorkshire and Humber.

In 2009 the Strategic Health Authority decided that having a Healthy Ambitions plan for people with Learning Disabilities was a good way of making health services better.

This Healthy Ambitions Plan will build on the good work everyone is doing with the Health Assessment Framework in Yorkshire and Humber



Making things better!



The Learning Disability Healthy Ambitions plan

To make health services better for everyone who has a Learning Disability all parts of the NHS need to change and get better.

This includes

- Ordinary health services like hospitals, dentists , Doctors & nurses
- Special health services for people with Learning Disabilities that some people use for some of the time

The Big Targets in the plan are

1. Make sure there is good information about what help people with Learning Disabilities need to stay healthy. Use this information to make sure services can give people good care and support.
2. Make sure health services like hospitals can make changes to the way they work so that people with learning disabilities get good care and support
3. Make sure all staff work together to keep people safe
4. Make sure all the changes are checked and health services keep getting better by
 - Using the Health Self Assessment Framework each year to check how health services are working locally
 - Partnerships Boards telling the Care Quality Commission how well they think local hospitals are doing each year.

As part of making these targets happen all health services will make sure they have –

- ✓ Good information on what health services people need
- ✓ Made the services easier for people to use
- ✓ Checked if the changes have made a difference
- ✓ Involved people and families in making these changes





Including everyone

The Healthy Ambitions plan will work to make health services better for everyone who has a Learning Disability in Yorkshire & Humber.

This means people making sure all the work makes things better for people with Learning Disabilities who

- Have committed a crime and are in prison or special hospitals
- Have high support needs
- Have Autism
- Are old
- Are Young People starting to use adult services
- Are from a Black Minority Ethnic Community
- Use Mental Health Services



How this work will happen

Each part of the NHS in Yorkshire and Humber will work to make health services get better by doing what the Healthy Ambitions plan says.

To help health services get better there will be some work that happens across the region.

1. Checking on the other Healthy Ambitions pathways

There will be a group of people who will work with all the other bits of the Healthy Ambitions Big Plans.

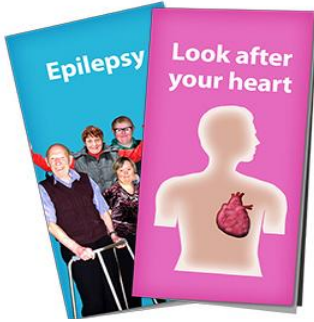
This group will include

- People with Learning Disabilities
- Family members
- Paid staff who work with people with Learning Disabilities

They will help other parts of the Big Plan – like the Staying Healthy Pathway – make sure they are thinking about people with Learning Disabilities in their work

This group will also check that all the Healthy Ambitions work is doing enough to make health services better for people with Learning Disabilities





2. Helping services change and get better

There will be training and other projects to help services get better.

As part of this work the Strategic Health Authority and Valuing People will share the good ideas or work each area has.

3. Using the Health Assessment Framework to check how health services are doing in each area

Each area will be asked to fill in the Health Assessment each year.

This means that people with learning disabilities, family members and paid staff can check on what is happening in their area.

It also means the Strategic Health Authority can check on how well the Healthy Ambitions plan is doing



How to find out more about Healthy Ambitions

You can find out more about the Healthy Ambitions Pathway by getting in touch with

Heather Rastrick at the Strategic Health Authority

E mail Heather: heather.rastrick@yorksandhumber.nhs.uk

Phone Heather: 0113 2952073

You can find out more about Healthy Ambitions and Learning Disability Partnership Boards by getting in touch with

Jenny Anderton at the Valuing People Team

E mail Jenny: jenny.anderton@dh.gsi.gov.uk

Phone Jenny: 07776 161592

